

# LIVEWELL WITH WELL LIFE

Plan	Nonmember	Bronze	Silver	Gold	Platinum
Individual		\$20	\$40	\$60	\$80
Couple		\$30	\$60	\$90	\$120
Family includes 2 children		\$40	\$80	\$120	\$160
Additional Children under age 26		\$10	\$20	\$30	\$40
Online Benefits					
Online Supplement Discount	None	5% once a month	5% Anytime	10% Anytime	15% Anytime
Nudge Online Health Coaching Software Access	\$10 a month	Included	Included	Included	Included
Diet Designer Online Meal Plan Creator Access	\$10 a month	Included	Included	Included	Included
Online Access to Patient Handouts		Included	Included	Included	Included
Methyl Genetic Interpretation Report	\$50	\$25	\$25	\$25	\$25
Testing Discounts					
Body Composition Testing	\$15	Free with office visit	12 tests a year	24 tests a year	48 tests a year
Basal Metabolic Testing	\$50 initial \$35 follow-up if you keep mouthpiece	\$50 initial 5 additional free	\$50 initial 5 additional free	\$50 initial 5 additional free	\$50 initial 5 additional free
Carotid Intima Media Thickness CIMT (Soft Plaque) Test	\$200	\$150	\$100	\$50	1 included per year
Upper Body/Breast Thermography	\$200	\$150	\$100	\$50	1 included per year
VO2 Max Testing	\$100	\$50	\$50	1 included per year	2 included per year
Max Pulse	\$50	\$25	Once a year included	4 tests a year included	12 tests a year included
NutraVal Lab Draw	\$75	\$25	Free	Free	Free
Therapy Discounts					
Alkaline Water	\$4 a gallon	\$4 a gallon	1 gallon a month	2 gallons a month	4 gallons a month
Heart Math EmWave	\$5	Available during visit	Available during visit	Unlimited use ‡	Unlimited use ‡
Alpha Stim M	\$5	Available during visit	Available during visit	Unlimited use ‡	Unlimited use ‡
Whole Body Vibration	\$60 unlimited a month \$10/10 mins	\$40 unlimited a month \$5/10mins	12 sessions a year included	24 sessions a year included	WBV unlimited ‡
Full Spectrum Infrared Sauna	\$100 unlimited \$30 per 30mins	\$60 unlimited \$15 per 30 mins	12 sessions a year included	24 sessions a year included	Sauna unlimited ‡
Exercise with Oxygen (EWOT)	\$60 per 15 minute session 12 training sessions for \$480	\$40 per 15 minute session 12 training sessions for \$300	\$20 per 15 minute session 12 training sessions for \$150	12 training sessions included per year	12 training sessions included per year
Hyperbaric Oxygen	\$600 for 10 sessions	\$400 for 10 sessions	\$200 for 10 sessions	\$200 for 10 sessions	10 sessions included per year

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Spinal Decompression	\$45	\$25	\$25	4 sessions included per year	6 sessions included per year
Cryolipolysis per hour	500	\$250	\$250	\$250	1 hour included per year
Laser Lipo	1 Treatment \$50 4 Treatments \$150 6 Treatments \$200 12 Treatments \$350	1 Treatment \$25 4 Treatments \$75 6 Treatments \$100 12 Treatments \$175	1 Treatment \$25 4 Treatments \$75 6 Treatments \$100 12 Treatments \$175	6 Treatments included per year	6 Treatments included per year
<b>Procedure Discounts</b>					
Fat Burner Injections	\$50	\$25	\$25	\$25	\$25
Hormone Pellet Price (2 Pellets)	\$300	\$250	\$250	\$250	\$250
Acupuncture	\$60	\$42	\$42	\$42	\$42
Knee/Shoulder/Hip Prolo	\$250	\$200	\$200	\$200	\$200
Knee/Shoulder/Hip PRP	\$650	\$600	\$600	\$600	\$600
IV Therapies	\$120 Administration fee	\$80 Administration fee	\$80 Administration fee	\$80 Administration fee	\$80 Administration fee
<b>Availability</b>					
Designated PCP for New Patients	Consult only	PCP option	PCP option	PCP option	PCP option
Visit Availability	No Friday appointments unless PRP	Friday appointments with Sherri only	Friday appointments with Sherri only	Guaranteed next day urgent appt option	Guaranteed same day sick appt option if call before 9am
Email and Portal Communication	Staff answers only	1 week turnaround by provider	72 hours	48 hours	48 hours
Urgent Afterhours calls	Billed at in office amount	< 5min covered Between 8pm-7am or nonurgent billed at full	< 5min covered Between 10pm-7am or nonurgent billed at full	< 5min covered Between 10pm-7am billed at full	< 5min covered Between 10pm-7am billed at full
Nutrition Consult	Office Copay	Office Copay	Office Copay	1 session included per year	4 sessions included per year
Exercise Training Sessions	Office Copay	Office Copay	Office Copay	Office Copay	Office Copay
Monthly Package Worth*		\$39.14	\$137.56	\$242.95	\$384.18
Yearly Package Savings**		\$1,881	\$2,339	\$3,243	\$3,786

A one-year commitment is required, and will be billed monthly. There is a 5% discount if paying for a full year in advance.

If you choose to be billed monthly, and would like to cancel before your annual renewal there will be a \$50 fee plus the nonmember price of any of the perks you used during your membership.

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\*Assuming you are on Pure One Multivitamin \$33/2months, Orthobiotic \$33, and Barleans Fish Oil \$33.38 and utilizing all included services and treatments.

\*\*Assuming 12 Body composition testing a year,6 basal metabolic rate testing, one CIMT scan, 1 Upper Body Thermography scan, 1 VO2 Max testing, 1 Max Pulse test, 1 NutraVal test, 4 gallons alkaline water a month, Unlimited Whole Body Vibration, Unlimited Infrared Sauna, 12 EWOT, 10 Sessions of Hyperbaric Oxygen,6 sessions of spinal decompression, 1 hour Cryolipolysis, 6 laser lipo treatments, 2 acupuncture treatments a year, 1 IV therapy session, and 4 nutrition visits assuming a \$25 copay

‡ Unlimited use is defined as 1 session per day as there is availability

**NOTE:** We will remain as any current patient's PCP if desired regardless if they choose to join one of the memberships